



Shaw Trust Employment Service

Age 17+

Currently we can offer you the following employment and wellbeing support services:

- ➤ Virtual mindfulness groups through Microsoft Teams
- > Interview skills groups
- > Courses for coping with uncertain times
- > Telephone support
- > Job action groups
- Work preparation skills

Please contact us:

Natasha.murphy@shaw-trust.org.uk

Michael.foster@shaw-trust.org.uk