Further COVID-19 information and mental health resources.....

For up-to-date information and advice about the Coronavirus, please visit the government website (click here).

Click here for government advice on how and when to self-isolate.

Thanet District Council's COVID-19 community support line is 01843 577330 or email communitysupport@thanet.gov.uk

For support about managing your mental health during this difficult time, there is some useful advice on Mind's website (click here) and Rethink's website (click here). You can also get support from Release the Pressure by texting the word KENT to 85258 or calling 0800 107 0160.