

Porchlight Primary Care Community Link Service - Thanet

Age 17+

0800 567 7699 info@livewellkent.org.uk

The link service can offer you one to one support for up to 8 weeks addressing a range of issues which are impacting your mental health and wellbeing. Issues include benefits, finance, housing, relationships, education, training or employment. Staff can link you to specialist services if you need further support.

The advice sessions we are offer are listed below - most are drop in sessions, where an appointment is needed please ring 0800 5677699:

- **The Grange Practice**, Dumpton Park Drive Ramsgate CT11 8AD: 10.00 a.m. to 12.00 noon each Wednesday
- **The Bethesda Surgery** Palm Bay Ave Margate CT9 3NR: 10.00 a.m. to 12.00. Noon each Thursday
- **Newington Surgery** 100 Newington Rd, Ramsgate CT12 6EW 10.00 a.m. to 11.45 (appointments only) each Friday
- **Job Centre Plus** Queens House, Queen St, Ramsgate CT11 9EW 10.00a.m. 12.00 noon each Friday
- **St Pauls Community Centre** 23 St Pauls Road, Margate, Kent, CT9 2DB: 11.30 a.m. to 1.30p.m. each Friday
- **Margate Baptist Church** 4 Cecil Square, Margate CT9 5EH. 1pm to 3.00.pm. each Thursday
- **Jobcentre Plus** Mill Lane House, Mill Ln, Margate CT9 1LB 10.00 a.m. to 12.00. Noon each Wednesday.
- **Northdown Surgery** Northdown Park Rd, Margate CT9 2TR 2.00pm to 4.00pm (appointments only) each Thursday.

Please note that the advice sessions held in GP surgeries are for patients of that surgery only