

Porchlight Primary Care Community Link Service - Swale

Age 17+

0800 567 7699 info@livewellkent.org.uk

The link service can offer you one to one support for up to 8 weeks addressing a range of issues which are impacting your mental health and wellbeing. Issues include benefits, finance, housing, relationships, education, training or employment. Staff can link you to specialist services if you need further support.

The advice sessions we offer are listed below – please ring 0800 567 7699 to book a place:

Sittingbourne:

- **Sittingbourne Job Centre**, Roman House, 9 Roman Square, Sittingbourne, ME10 4BP:
10.00 to 16.00 each Monday (booking required)
- **Sittingbourne Job Centre**, Roman House, 9 Roman Square, Sittingbourne ME10 4BP:
10.00 to 16.00 each Thursday (booking required)
- **Murston Children's Centre**, Church Road, Murston ME10 3RU:
10.00-16.00, each Friday (booking required)

Isle of Sheppey:

- **Dr Shah's surgery, Sheerness Healthy Living Centre** (located in Sheppey Leisure Complex) Sheerness ME12 1HH:
09.00-12.00 each Thursday (booking required)
- **Sheerness Job Centre**, 3 Millennium Way, Sheerness ME12 1PD:
09.30-13.00 each Friday (booking required)

