Live well Kent
Community wellbeing

Rethink Mental Illness.

Rethink Thanet Way Employment

Age 17+

thanetway@rethink.org

We can offer you:

- one to one support to find employment, using the successful Individual Placement and Support model, which provides specialist help for people with mental health needs to get into work
- access to personal development courses to improve confidence and employability
- help with job hunting, CVs, interview skills, training
- support once in work

Rethink also work with a range of employers to increase awareness of mental health in the workplace