



**Porchlight Working4Wellbeing Employment Service (Folkestone & Hythe District)**

**Shaw Trust Employment Service (Dover & Deal)**

Age 17+

0800 567 7699 [info@livewellkent.org.uk](mailto:info@livewellkent.org.uk)

We can offer you:

- one to one support to find employment (using the successful Individual Placement and Support model providing specialist help for people with mental health needs)
- access to personal development courses to improve confidence and employability
- help with job hunting, CVs, interview skills, training
- support once in work

*We also work with a range of employers to increase awareness of mental health in the workplace*