



## North Kent Mind - Springboard

Age 17+

01322 291380 or [emmajarnell@northkentmind.co.uk](mailto:emmajarnell@northkentmind.co.uk)

Live Well Kent Springboard Employment Services are delivered in Dartford, Gravesend and Swanley.

We support people with mental health issues into full time, part-time employment, volunteering, work placements and educational courses. We can offer you one to one support, work placements, CV's, mock interviews, job search, Prepare for Work course, work skills and overcoming barriers to employment.