



Thanet

November

Please contact 01227 788 211 before attending any groups for the first time.

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	31	1
4	5	6	7	8
		1:00pm Depression group The Kitchen CT9, Margate		
11	12	13	14	15
		10:30am Depression group Vinyl Head Café, Ramsgate		
18	19	20	21	22
		1:00pm Depression group The Kitchen CT9, Margate		
25	26	27	28	28
		10:30am Depression group Vinyl Head Café, Ramsgate		

Take Off, 34 Military Road, Canterbury, CT1 1LT



www.takeoff.works

01227 788 211

office@takeoff.works

