

Please contact 01227 7880211 / 01304 205555 before attending any groups for the first time.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2
11 am Creative Art	2pm IT Group		2pm Cooking Group	12pm Computer Recycle	
			6pm Depression/Anxiety		
4	5	6	7	8	9
	2pm IT Group		2pm Cooking Group	12pm Computer Recycle	11am – 3pm Team Gaming
6pm Peer Support Group					
11	12	13	14	15	16
11 am Creative Art	2pm IT Group		2pm Cooking Group	12pm Computer Recycle	
			6pm Depression/Anxiety		
18	19	20	21	22	23
	2pm IT Group		2pm Cooking Group	12pm Computer Recycle	11am – 3pm Team Gaming
6pm Peer Support Group					
25	26	27	28	29	30
11 am Creative Art	2pm IT Group	1pm Cooking Group Baptist Church Aylesham CT3 3AA	2pm Cooking Group	12pm Computer Recycle	
			6pm Depression/Anxiety		