



Thanet

September

Please contact 01227 788 211 before attending any groups for the first time.

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
		10:30am Depression group Vinyl Head Café, Ramsgate		
9	10	11	12	13
		1:00pm Depression group The Kitchen CT9, Margate		
16	17	18	19	20
		10:30am Depression group Vinyl Head Café, Ramsgate		
23	24	25	26	27
		1:00pm Depression group The Kitchen CT9, Margate		
				Monkton Nature Reserve Stargazing Evening Please contact for details

Take Off, 34 Military Road, Canterbury, CT1 1LT



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