



Dover

Take Off, Granville Street, CT16 2LF

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January

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 2pm Cooking Group	4	5
7 11am Creative Art	8 2pm IT Group	9	10 2pm Cooking Group 6:30 Depression/Anxiety	11 12pm Computer Recycle	12
14 1pm Film Appreciation 6pm Wellbeing Group	15 2pm IT Group	16	17 2pm Cooking Group	18 12pm Computer Recycle	19
21 11am Creative Art	22 2pm IT Group	23	24 2pm Cooking Group 6:30 Depression/Anxiety	25 12pm Computer Recycle	26 11am- 5pm Team Gaming
28 1pm Film Appreciation 6pm Wellbeing Group	29 2pm IT Group	30	31		

Please contact 01227 788 211 before attending any group.

